

IFK Australia Contact Fighting Weight Divisions

JUNIOR PADDED CONTACT DIVISIONS

Boys under 11 years

Category	
1	Under 25kg
2	+25 - 30kg
3	+30 -35kg
4	+35 -40kg
4	+40kg

Girls under 11 years

Category	
1	Under 25kg
2	+25 - 30kg
3	+30 -35kg
4	+35 -40kg
4	+40kg

For all Junior divisions, **padded and un-padded**, should it be unfeasible to adopt the weight divisions for the event, the divisions will be based on a 5kg difference if the students are close in age.

CONTACT DIVISIONS

Boys 11-13 years

Category	
1	Under 40kg
2	+40 -45kg
3	+45 -50kg
4	+50kg

Girls 11-13 years

Category	
1	Under 35kg
2	+35 – 40kg
3	+40 – 45kg
4	+45kg

Boys 14-15 years

Category	
1	Under 55kg
2	+55 -60kg
3	+60 -65kg
4	+65 – 70kg
5	+70kg

Girls 14-15 years

Category	
1	Under 45kg
2	+45 – 50kg
3	+50 – 55kg
4	+55kg

Cadet Male – 16 to 17 years

Category	
1 – Lightweight	under 68kg
2 – Middleweight	+68 – 78kg
3 – Heavy weight	Over 78kg

Cadet Female – 16 to 17 years

Category	
1 – Lightweight	Under 58kg
2 – Middleweight	Over 58kg

For Cadets and Adults, should it be unfeasible to adopt the above weight divisions for the event, the divisions shall be based on a 10kg weight spread between competitors, or as otherwise determined by the organisers on the day. The minimum weight requirements will be at the discretion of the organisers of the tournament

Note: Cadet also has a **Novice** division up to & including 7th Kyu and **Open** Division 6th kyu and up based on the above weight categories

Adult Male – 18 years & over

Category	
1 – Lightweight	under 70kg
2 – Middleweight	70 – 80kg
3 – Heavy weight	Over 80kg

Adult Female – 18 years & over

Category	
1 – Lightweight	Under 60kg
2 – Middleweight	Over 60kg